

DhS.tri, V[^]jigandha¹ and Trikantakam
 may be given with
 advantage to patients suffering from
 strangury, colic, or any
 'disease of the deranged Vayu.
 Yavakshira (impure carbo-
 nate of potash) taken with an equal
 quantity of sugar is
 almost a specific for all forms of strangury,
 in which the ex-
 pressed juice of Nidigdhika may be also
 advantageously taken
 in combination with honey. Triphala-paste
 taken with rock-
 salt removes the suppression of urine in
 which disease a
 sticjc of camphor may be introduced into
 the urethra for
 inducing the flow. Decoctions of Shigru-
 roots administered
 lukewarm lead to the disintegration and
 falling off of stones
 in the bladder, or of urinary concretion
 s. The expressed
 juice of Dhatri and Nisha taken with
 honey is almost
 a specific remedy for all forms of
 urinary complaints
 (Mehas). A decoction of Triphala,
 Daru, Darvi, and
 Avja taken with honey proves beneficial
 in all types of
 Meha. Wishing to be stout a person
 should renounce
 late hours, sexual congress, physical
 exercise, and anxiety.
 Food into the composition of which
 barley or Shyiroaka
 grains largely enter, as well as sweet
 drinks contribute
 to the stoutness of the body. Hot food or
 hot Mandas, or
 fried barley-powder taken with honey,
 or compounds
 made of Chavya, Jiraka, Vyosha,
 Hingu, Sauvarchala
 salt and Amala are anti-corpulent in
 their effects. A
 medicinal Ghritam duly cookt-d with four
 times as much

water, twice as much Chitrakam and
Utpalam, and cow's
urine should be internally administered
to an Ascites-
patient. Ten Haritakis, successively
increased, each day,
and taken for ten days with milk, prove
curative in Ascites.
Use of such a thousand Haritakis while*
living on a milk,
Yashthika, or rice diet prove curative in
dropsy due to splenic
enlargement. They are extremely
constructive and life-
prolonging in their efficacy. A medicinal
Ghritam cooked
with the admixture of the expressed
juice of Punarnavi
should be regarded as a potent cure
for cedenia and